

SCCAL 2025-26 Swimming & Diving (6 teams)

SPRING SPORT
Start times: 4:30

Friday, March 20 Scotts Valley @ Aptos Harbor @ Santa Cruz SLV @ Soquel	<u>Week of 4/27</u> SCCAL Swim Championships @ Harbor	
Friday, March 27 Harbor @ SLV Scotts Valley @ Santa Cruz Aptos @ Soquel		
Friday, April 3 Santa Cruz @ SLV Aptos @ Harbor Scotts Valley @ Soquel		
Friday, April 17 Scotts Valley @ SLV Soquel @ Harbor Santa Cruz @ Aptos		
Friday, April 24 Soquel @ Santa Cruz Scotts Valley @ Harbor SLV @ Aptos		CCS max contest = 13 *individual & team

Important Dates

2/2 M - 1st day of practice
 2/16 M - 1st scrimmages allowed
 2/23 M - 1st contests allowed
 4/6-4/10 - SCCS & PVUSD Spring Break
 5/2 Sat. - End of regular season
 5/4 Mon - CCS entries due, 5:00 pm
 6/6 S - Beginning of Summer

Pre-Season Coaches' Mtg.?
 Post-Season Coaches's Mtg.?

League Rep - Jim Triplett - Aptos