

# SCCAL 2025-26 Track & Field (7 teams)

SPRING SPORT  
Start times: 4:30

<b>Thursday, March 19</b> Scotts Valley & Mt. Madonna @ Aptos Soquel @ SLV Santa Cruz @ Harbor	<u><b>Week of 4/27</b></u> <b>SCCAL T&amp;F Championships</b> @ Harbor	
<b>Thursday, March 26</b> SLV @ Harbor Soquel @ Aptos Scotts Valley & Mt. Madonna @ Santa Cruz		
<b>Thursday, April 2</b> SLV @ Santa Cruz Harbor @ Aptos Scotts Valley & Mt. Madonna @ Soquel		
<b>Thursday, April 16</b> Aptos @ Santa Cruz Harbor @ Soquel Scotts Valley & Mt. Madonna @ SLV		
<b>Thursday, April 23</b> SLV @ Aptos Scotts Valley & Mt. Madonna @ Harbor Santa Cruz @ Soquel		<b>CCS max contest = 14</b> <small>*individual &amp; team</small>

Important Dates

- 2/2 M - 1st day of practice
- 2/16 M - 1st scrimmages allowed
- 2/23 M - 1st contests allowed
- 4/6-4/10 - SCCS & PVUSD Spring Break
- 5/19 S - End of regular season
- 5/12 T - CCS entries due
- 6/6 S - Beginning of Summer

Pre-Season Coaches' Mtg.?  
 Post-Season Coaches Mtg.?

League Rep - Matt Ryan - Soquel