SCCAL 2026-27 Cross Country (7 teams)

FALL SPORT

Start times: 4:30 - Boys followed by Girls

Thursday, Sept. 10 Santa Cruz & Soquel @ SLV Aptos, Scotts Valley & MM @ Harbor	**<u>Saturday, Nov. 15</u>** CCS Championships @ TBA	
Thursday, Sept. 24 Aptos @ SLV Harbor & Mt. Madonna @ Santa Cruz Scotts Valley @ Soquel		
Thursday, Oct. 8 Soquel @ Aptos SLV & Mt. Madonna @ Harbor Scotts Valley @ Santa Cruz		
Thursday, Oct. 22 Santa Cruz @ Aptos SLV @ Scotts Valley Harbor & MM @ Soquel		
<u>Thursday, Nov. 5</u> SCCAL Meet @ Pinto Lake JV G - 2:00 JV B - 2:30 FS B - 3:00 V G - 3:30 V B - 4:00		**CCS max contest = 13** *individual & team

<u>Important Dates</u>:

8/3-8/6 M-Th - CCS Limited Dead Week
8/7 F - 1st day of practice
8/21 F - 1st scrimmages allowed
8/27 Th - 1st contests allowed
11/7 S - End of regular season
11/9 M - CCS entries due, 12:00 noon

<u>Home Courses</u>

Aptos - Pinto Lake
Harbor - DeLaveaga Park
Mt. Madonna - N/A
SLV - SLV HS
Santa Cruz - UCSC
Scotts Valley - SVHS
Soquel - Soquel HS

Pre-Season Coaches' Mtg.?
Post-Season Coaches' Mtg.?

League Rep - Dan Gruber - Aptos