

ARTICLE XLII - BOYS & GIRLS SWIMMING AND DIVING

Section A - Season

1. The start date will be determined each year by CCS.

Section B - Teams, Start of Games, and Length of Periods

1. The teams will be Varsity and Junior Varsity.
2. Starting times shall be 4:30 p.m., unless the AD's mutual consent otherwise.

Section C - Contests, Scrimmages, and Tournaments

1. Contest limits, scrimmages, and tournament requirements will follow CCS guidelines and regulations.
2. We will use the League scheduling matrix and will have a 2 year cycle.
3. All postponed games will follow Article XXII, Section B:
 - a. All makeups will be played on the next available date unless mutually agreed upon by both schools.

Section D - Eligibility and Movement of Players

1. We will adhere to Article XIII of the SCCAL Constitution.
2. Article XIII, Section C & D:
 - a. Athletes can move up and down between JV and varsity the entire year, including playing against the same opponent on the same day at both levels, but with the following guidelines:
 - i. No individual athlete may exceed the CCS maximum contests allowed, understanding that playing in a JV and varsity match on the same day counts as two contacts.
 - ii. Coaches must track their student-athletes who move between JV and varsity to ensure that they do not exceed the CCS max contest limit.
 - iii. Seniors may play on sub-varsity teams.

Section E - Championships and Individual Champions

1. The winner of the SCCAL Team Championship is the team that scores the most points at the SCCAL Finals.
 - a. If there is a tie, the tie-breaker is the winner of the dual meet.
 - b. The Championship meet shall score individually to 12 places.
2. The SCCAL swim finals shall start at 1:00 p.m., unless the host school and the Commissioner determine differently.
3. To be eligible for the league championship meet, a student must have participated in at least half of the league dual meets. The only exceptions would be due to:
 - a. Illness, injury, or other serious medical hardship.
 - b. Academic ineligibility which has been corrected.

- c. A CCS exemption.

Section F - Officials

1. The Home team is responsible for timers and scoring.

Section G - Equipment and Facilities

1. All equipment will be prepared and ready prior to every meet.

Section H - Order of Events and Scoring

1. The event schedule each year will follow the official NFHS Rulebook for Swimming "Order of Events".

Section I - Medical Attention

1. See Article XXIV:
 - a. The coach of every team must have in his/her possession, or in the possession of the school's Athletic Trainer if in attendance, school-district approved medical care permits for every member of his/her team which allows for emergency medical care. This permit must be signed by the appropriate parent or guardian.

Section J - Miscellaneous

1. League records may be set only at the SCCAL League Championships, or at the CCS or CIF Championships. Electrical timing is required for all new league records.