

## **ARTICLE XLIX - GIRLS WRESTLING**

### **Section A - Season**

1. Start date will be determined yearly by CCS.

### **Section B - Teams, Start of Game, and Length of Periods**

1. League competition will be held on the Varsity and the Junior Varsity levels.
2. Conduct of the league championship tournament.
  - a. The Varsity and JV league championship tournaments shall be held at the same place and on the same date.
  - b. All wrestlers will weigh-in on the same certified scale or scales 2 hours before the start of the league tournament.
3. Length of periods
  - a. The length of rounds in Varsity matches shall be in accordance with National Federation rules.
  - b. The length of rounds in JV matches shall be 90 seconds except when National Federation rules call for shorter rounds (overtime and consolation matches).

### **Section C - Contest, Scrimmages, and Tournaments**

1. Contest limits, scrimmages and tournament requirements will follow CCS guidelines and regulations.
2. We will use the League Scheduling Matrix and will have a 2 year cycle.
3. All postponed games will follow Article XVII Sec B:
  - a. Sec B states - All makeups will be played on the next available date unless mutually agreed upon by both schools.
4. The novice tournament will be the first Wednesday in December (unless member schools unanimously agree on a different date). Each school may have unlimited entries per weight division in the novice tournament.
5. Each school may enter one (1) wrestler in each weight division in the Varsity league tournament.
6. Each school may have unlimited entries in each weight division in the JV league tournament.

### **Section D - Eligibility and Movement of Players**

1. We will adhere to Article XIII of the SCCAL Constitution.
2. Article XIII, Section C & D:
  - a. Athletes can move up and down between JV and varsity the entire year, but in wrestling, they cannot wrestle against the same opponent on the same day at both levels. Note:
    - i. No individual athlete may exceed the CCS maximum contests allowed, understanding that wrestling in both a JV and a varsity match counts as two contacts.
    - ii. Coaches must track their student-athletes who move between JV and varsity to ensure that they do not exceed the CCS max contest limit.
    - iii. Seniors may wrestle at the JV level, but not at the Frosh-Soph level.

## **Section E - Team Championships and Individual Champions**

1. Individual Champions & Awards
  - a. Awards will be given to the first four (4) places in each weight division in the novice, JV, and varsity league tournaments.
2. Team Championships
  - a. No team champion will be named in the novice or JV league tournaments.
  - b. The varsity league champion is the team with the most points earned in the SCCAL championship tournament.
  - c. If a tie exists after awarding points as outlined above, the champion will be determined as follows:
    - i. The winner of the dual meet between the tied teams shall be declared the champion.
    - ii. If a two-way tie occurred in the dual meet, the winner shall be the team with the most individual wins in the dual meet.
      1. If a tie still exists, the winner shall be the team with the most six (6) point team decisions in the dual meets.
      2. If a tie still exists the winner shall be the team winning the most matches by fall.
      3. If a tie still exists the winner shall be the team winning the most matches by technical fall.
    - iii. If there is a multiple tie among teams, the winner is the team with the most points scored in the dual meet competitions among the tied teams.
      1. If a tie still exists between two or more teams, the winner shall be determined by applying lines 1, 2, and 3 above to the teams tied.
  - d. To be eligible for the league championship tournament, a student must have participated in at least half of the league dual matches. The only exceptions would be due to:
    - i. Illness, injury, or other serious medical hardship.
    - ii. Academic ineligibility which has been corrected.
    - iii. A CCS exemption.

## **Section F - Officials**

1. Officials from an accredited association are recommended, but not required.

## **Section G - Equipment and Facilities**

1. Equipment and facilities shall comply with National Federation Rules.

## **Section H - Order of Events and Scoring**

1. Dual meet scoring shall be in accordance with National Federation Rules.
2. In the Varsity league tournament four (4) places will be scored in accordance with National Federation Rules. Advancement points shall be awarded from the first round of eight (8) man brackets regardless of the number of entries in the weight division.
3. No score will be kept in the JV league tournament.

4. In dual meets, the order of matches shall start with lightest weight division and progress in order to the heaviest. The order of matches may be changed by mutual agreement.
5. In the finals of the Varsity league tournament, the order of matches shall start with the lightest weight division and progress in order to the heaviest. Matches other than Varsity finals shall not be inserted into the schedule of the finals unless agreed to by all coaches before the start of the first final match. This should not be done unless it is unavoidable.

### **Section I - Medical Attention**

1. See Article XXIV:
  - a. The coach of every team must have in his/her possession, or in the possession of the school's Athletic Trainer if in attendance, school-district approved medical care permits for every member of his/her team which allows for emergency medical care. This permit must be signed by the appropriate parent or guardian.

### **Section J - Miscellaneous**

1. Wrestling will be conducted in the weight divisions established by the CIF.
2. Official weigh-ins will be conducted in accordance with the CIF constitution and with the following additions:
  - a. A school administrator or designee will be present during the weigh-ins and shall verify each wrestler's actual weight. If held at a dual meet weigh-in, the opposing coach may verify the weights.
  - b. Before the next league event following the official weigh-in, a copy of the weigh-in sheet shall be delivered to the league representative who shall distribute copies to all other coaches.
  - c. A team will not be eligible to participate in any further league events until a copy of the weigh-in form is delivered to the league wrestling representative.

