

## **ARTICLE XLV- BOYS AND GIRLS VOLLEYBALL**

### **Section A - Season**

1. The start date will be determined each year by CCS.

### **Section B - Teams, Start of Games, and Length of Periods**

1. Each school may field a Varsity, JV and/or a Frosh or Frosh/Soph team.
2. Match starting times:
  - a. Girls - 4:30 p.m., 5:30 p.m., 7:00 p.m.
  - b. Boys - 5:00 p.m., 6:30 p.m.
3. There will be a limited time for warm-ups between JV and Varsity games.
  - a. Unless the AD's and/or coaches mutually agree otherwise:
    - i. The warm-up time between frosh/frosh-soph and JV matches shall be 12 minutes.
    - ii. The warm-up time between JV and varsity matches shall be 22 minutes.

### **Section C - Contests, Scrimmages, and Tournaments**

1. Contest limits, scrimmages, and tournament requirements will follow CCS guidelines and regulations.
2. We will use the League scheduling matrix and will have a 2 year cycle.
3. All postponed games will follow Article XXII Section B:
  - a. All makeups will be played on the next available date unless mutually agreed upon by both schools.
4. Matches will be 3 out of 5 for Varsity, and 2 out of 3 for the lower levels.
  - a. All games will utilize "rally scoring" to 25 points (with no cap), except the 5th game will be played to 15 points (with no cap).
5. An SCCAL Jamboree before the league season does not count as a contest.
6. Scrimmages shall not count in the team's maximum number of contests. Teams are allowed a total of two scrimmages per season, to be completed prior to 1st scheduled game, or, in the postseason, prior to the 1st-round of CCS playoffs. For all other scrimmage policies, see CCS Bylaw, Article V.
7. In a suspended contest, the contest shall be returned to the same score when it was postponed, and all the original players must participate in the make-up game.

### **Section D - Eligibility and Movement of Players**

1. We will adhere to Article XIII of the SCCAL Constitution.
2. Article XIII, Section C & D:
  - a. Athletes can move up and down between JV and varsity the entire year, including playing against the same opponent on the same day at both levels, but with the following guidelines:

- i. No individual athlete may exceed the CCS maximum contests allowed, understanding that playing in a JV and varsity match on the same day counts as two contacts.
- ii. Coaches must track their student-athletes who move between JV and varsity to ensure that they do not exceed the CCS max contest limit.
- iii. Seniors may play on sub-varsity teams.

### **Section E - Championships and Individual Champions**

1. The league champion is the team with the best record in SCCAL play. If teams are tied after the SCCAL regular season, they will be declared co-champions.
2. The SCCAL regular season champion will be the #1 seed for the CCS Playoffs. If there is a tie, see the tie-breakers below in Section K to determine SCCAL Tournament seeding and CCS AQ's.
3. Boys & Girls Volleyball will play an end-of-season SCCAL Tournament to determine the #2 seed for the CCS Playoffs.
  - a. For the format, see the End-of-Season Tournament Format in the SCCAL Policy Section.
  - b. The tournament champion, if different from the SCCAL regular season, is not a league co-champion. They are the tournament champion.

### **Section F - Officials**

1. We will use SCCVOA officials, unless they are not available.
2. The home school will supply lines people for matches.

### **Section G - Equipment and Facilities**

1. The game ball shall be supplied by the home team.
  - a. Note: in the CCS playoffs, a Spalding ball is required, but in SCCAL play, any NFHS approved ball is acceptable.
2. The courts shall have white lines, two inches wide.

### **Section H - Order of Events and Scoring**

1. The home team is responsible for the official book, and for reporting scores and stats to the media.

### **Section I - Medical Attention**

1. See Article XXIV:
  - a. The coach of every team must have in his/her possession, or in the possession of the school's Athletic Trainer if in attendance, school-district approved medical care permits for every member of his/her team which allows for emergency

medical care. This permit must be signed by the appropriate parent or guardian.

### **Section J - Miscellaneous**

1. The current NFHS Volleyball Rules will be used, as modified by State CIF adoption.

### **Section K - Volleyball Tie-Breakers**

1. If more than one team ties with the exact same SCCAL record, they will be declared co-champions.
  - a. The tie-breakers below are for determining the AQ's and SCCAL Tournament seeds.
2. Automatic Qualifiers in B&G Volleyball:
  - a. The SCCAL regular season champion will receive an AQ and the #1 seed into the SCCAL Tournament.
    - i. If there is a tie for the regular season champion, see tie-breaking criteria below to determine which team receives the AQ, and that team will also receive the #1 seed into our End-of-Season tournament.
    - ii. If the league has a 2nd AQ, the End-of-Season Tournament winner will receive the 2nd AQ.
    - iii. If the SCCAL regular season champion wins the End-of-Season Tournament, then the second place team in the SCCAL regular season earns the other AQ.
    - iv. If there are additional AQ's available after the League Champion and Tournament Champion have received theirs, they will go to the next highest finishers in league play.
  - b. B&G Volleyball tie-breaking criteria:
    - i. If there are ties with AQ's on the line, the following tie-breakers apply:
      1. Head-to-head competition against each other;
      2. Head-to-head competition against the league finishers above;
      3. Head-to-head competition against the remaining league finishers in descending order;
      4. A coin toss (or drawing if three or more teams), executed by the League Commissioner or designee.