

Article XXXIII - COMPETITIVE CHEER

Section A - Season

1. Start date will be determined yearly by CCS.

Section B - Teams, Start of Games, and Length of Periods

1. Varsity only
2. Tryouts must be held separately from CCS non-competitive cheer/dance/spirit teams.

Section C - Contests, Scrimmages, and Tournaments

1. Contest limits, scrimmages, and tournament requirements will follow CCS guidelines and regulations.

Section D - Eligibility and Movement of Players

1. All athletes will comply with CIF/CCS and individual school regulations.
2. Athletes will also adhere to Article XIII of the SCCAL Constitution.

Section E - Championships and Individual Champions

1. There will be no league or individual champions awarded in SCCAL unless 4 schools are competing.

Section F - Officials

1. The National Federation Spirit rules will be used for all events.

Section G - Equipment and Facilities

Section H - Order of Events

1. Teams will choose to enter into the following divisions:
 - a. Novice
 - b. Novice Coed
 - c. Novice Non-Tumbling
 - d. Novice Non-Tumbling Coed
 - e. Intermediate
2. The divisions can also be separated into Large (20-35) and Small (6-19).

Section I - Medical Attention

1. See Article XXIV:
 - a. The coach of every team must have in his/her possession, or in the possession of the school's Athletic Trainer if in attendance, school-district approved medical care permits for every member of his/her team which allows for emergency medical care. This permit must be signed by the appropriate parent or guardian.

Section J - Miscellaneous