

ARTICLE XXXV - FOOTBALL (currently a PCAL sport)

Section A - Season

1. The start date and practice limitations will be determined each year by CCS.

Section B - Teams, Start of Games, and Length of Periods

1. Junior Varsity: 5:00 p.m., and 10 minute quarters.
2. Varsity: 7:30 p.m., and 12 minute quarters,
 - a. The Varsity games should start no more than 25 minutes after the end of the preliminary game.
3. Times for day games will be Frosh 9:00 a.m., JV 11:00 a.m., and Varsity 2:00 p.m.
4. Thursday night frosh games will start at 5:30 p.m., 10 minute quarters.

Section C - Contests, Scrimmages, and Tournaments

1. Contest limits, scrimmages, and tournament requirements will follow CCS guidelines and regulations.
2. All SCCAL varsity and JV teams will participate in the SCCAL Jamboree.
3. There shall be an elapsed time of at least five calendar days between successive contests by any one team or player.

Section D - Eligibility and Movement of Players

1. We will adhere to Article XIII of the SCCAL Constitution.
2. Article XIII, Section C & D:
 - a. Athletes can move up and down between JV and varsity the entire year, including playing against the same opponent on the same day at both levels, but with the following guidelines:
 - i. No individual athlete may exceed the CCS maximum contests allowed, understanding that playing in a JV and varsity match on the same day counts as two contacts.
 - ii. Coaches must track their student-athletes who move between JV and varsity to ensure that they do not exceed the CCS max contest limit.
 - iii. Seniors may play on sub-varsity teams.
3. Every player must have reached his 15th birthday before playing on the Varsity or against Varsity teams. A waiver of this bylaw can be requested through the CCS Office.

Section E - Championships and Individual Champions

1. The league champion is the team with the best record in SCCAL play. If teams are tied after the SCCAL regular season, they will be declared co-champions.
2. The SCCAL regular season champion will be the #1 seed for the CCS Playoffs. If there is a tie, see the tie-breakers in the SCCAL Policy Section, Automatic Qualifiers, section 2.

Section F - Officials

1. No less than five (5) officials are to be assigned Varsity games, and four (4) for J.V. and Freshman games.

Section G - Facilities and Equipment

1. Teams may only use NFHS approved footballs as described in the NFHS rule book.

Section H - Order of Events and Scoring

1. The home team is the official scorekeeper for the game.

Section I - Medical Attention

1. No game shall begin until a medical doctor, nurse, or properly certificated first-aid person is on the field. In the event a doctor is not present, a doctor shall be on call.
2. See Article XXIV:
 - a. The coach of every team must have in his/her possession, or in the possession of the school's Athletic Trainer if in attendance, school-district approved medical care permits for every member of his/her team which allows for emergency medical care. This permit must be signed by the appropriate parent or guardian.

Section J - Miscellaneous

1. Videotaping of another team's games is allowed. Visiting teams are not guaranteed equal access to filming locations. The home team site director will designate where filming by teams is allowed. Filming by a 3rd party is allowed, but may only be done in an area accessible to the public. The site director will designate where 3rd party filming is allowed.
2. There is a mandatory two (2) tape exchange of the two most recent games, excluding the game preceding the contest.
3. If film is not of good quality, it must be replaced with one of better quality. The film will be a dvd or agreed upon internet based program. It is the head coach's (or designee's) responsibility to call and arrange the film or DVD exchange time and location. This transaction should take place the Thursday before your next contest.
4. If one team (home or visitor) does not care to obtain tape of their opponent, they are still obligated to provide tapes for the opposing team.
5. Any disagreement concerning the film exchange policy should be handled by the Athletic Directors.
6. Team personnel or other designated personnel from a school may not visit practice sessions at other league schools.
7. Teams may have closed practices.